

Cape Fear Orthopaedic
PRESCRIPTION REFILL and PAIN MEDICATION POLICY

Patient Name: _____ Chart # _____

Pharmacy Name and Location: _____

PRESCRIPTION REFILLS:

1. Only one pharmacy may be used for filling prescriptions. You should notify us if you change pharmacies.
2. Because most physicians are only in the clinic 2-3 days per week, prescription refills may take 3-5 business days to process. Please do not wait until you run out of medication to request a refill.
3. Take your medication exactly as instructed by your provider. Never change the dosage or frequency of your medication without instructions from your physician. Refill requests will **not** be approved if you “run out early”.
4. You may request a refill during our normal business hours. Requests for refills will **not** be accepted after hours.
5. You are responsible for keeping your prescriptions and medications safely in your care. Lost or stolen drugs and prescriptions will **not** be replaced until it is time for your next refill. Exceptions may be made if you have a police report, but only at the discretion of your doctor.
6. You may be required to see your physician for a follow-up visit prior to obtaining a medication refill.

PAIN MEDICATIONS:

If you have a medical condition requiring pain control, your medical provider may recommend that you take a narcotic (pain-killer) drug. These drugs should lower or take away your pain. There are some important things you should know about narcotic (pain-killer) drugs before you agree to take them:

- Pain-killer drugs may have major side effects and risks. Medication should be taken only as directed.
- Narcotic use is under the control of many regulatory agencies. Doctors must follow local, state, and federal laws when prescribing these drugs.

Risks and common problems include:

1. **Addiction** – You could become mentally and physically dependant on them. Your doctor may order extra blood, urine, or hair testing and may refer you to an addiction specialist if there is a worry about addiction.
2. **Side effects** – Include a feeling of sickness to the stomach, trouble having a bowel movement, sweating, and itchiness of the skin. You may also feel sleepy.
3. **Pregnancy** – Do **not** get pregnant while you are taking pain-killers. These drugs could result in harm to your baby or loss of the pregnancy (miscarriage).
4. **Alcohol and illegal drugs** – Do **not** use alcohol or illegal drugs while taking pain-killers. This mixture could cause death.
5. **Heavy or dangerous machinery** – Do **not** use heavy or dangerous machinery, handle guns, or use other weapons while taking pain-killers.
6. **Driving** – Driving while on a pain-killer drug is **not** recommended. Pain-killers can change your driving skills.

By signing below you agree that you have read this document and understand the clinic’s policy regarding prescriptions and the rules for taking narcotic (pain-killer) drugs:

1. It is against the law to make any changes to a prescription after it is written. If you change a prescription, it will be reported to the police and no more drugs will be given to you.
2. Getting pain-killer drugs from more than one doctor at a time is not allowed. This is against the law and may be considered a felony. You have a duty to let other doctors know if you are taking narcotic (pain-killer) drugs.
3. From time to time, our staff may talk to the pharmacist or access the NC Controlled Substance Reporting System to check your full prescription profile.
4. Prescriptions should only be picked up by you. If you are unable to pick up your prescription, we will only release your prescription to authorized persons as listed on your registration paperwork. Our office does require that you show a photo ID when picking up prescriptions.

X _____
Signature of patient or responsible party

Date

X _____
Witness

Date